





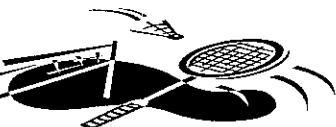



Middletown Parks and Recreation Department

100 Riverview Center Suite 140

Middletown, CT 06457

Phone: 860-343-6620; Fax: 860-344-3319

www.cityofmiddletown.com

Date/Time	Event	Other information
<p>Sundays; Jan. 3-Mar. 15 Vacation days: Thursday, Feb. 15 Times: 1:00pm-3:30pm Location: W.W.M.S pool Fee: \$2 Ages 3-17 \$4 Ages 18-59</p>	<p>Recreational & Winter Swim</p> 	<p>Veteran's Pool Passes from 2009 will be accepted or pay at the door. Middletown Residents Only! Lap Swim 1:00pm-1:30pm. Special Needs Swim 1:00pm</p>
<p>Sundays, Feb 21-Apr. 25 Woodrow Wilson Middle School 1:00-3:30 Ages 25 & up \$5/person per visit No games 2/14, 3/7&14</p>	<p>Drop in Basketball</p> 	<p>Games are not officiated. This is not a basketball league!</p>
<p>Wednesdays Jan. 6-Mar. 3 No class: Feb. 17 Times: 5:30pm-6:30pm Location: Snow School Auditorium Fee: \$53 res.; \$58 non res.</p>	<p>Pilates</p> 	<p>Bring a mat, water and wear comfortable clothes.</p>
<p>Mondays & Thursdays Ages 18+ Jan. 4-Mar. 29, Apr. 1-June 28 \$10 res. (Seniors 60+ free)) \$50 non res.</p>	<p>Weightlifting, Adult Exercise or Waterfitness</p> 	<p>Contact the Recreation Department for more Information.</p>
<p>Thursdays Sept. 24-May 26, 8:00-9:45 WWMS Gym \$35 res.; \$45 non res.</p>	<p>Badminton</p> 	<p>Players must provide their own rackets.</p>
<p>Wednesdays (Ages 18+) 6:15pm-9:00pm Feb. 3-Mar. 24 Snow School gymnasium \$20 res.; \$30 non res. per session</p>	<p>COED Drop in Volleyball</p> 	<p>Play is intermediate to advanced.</p>
<p>Wednesdays Feb. 17-Apr. 7 (8 classes) Location: Wesley School Fee: \$35.00 res.; \$40.00 non res.</p>	<p>Dance It Off</p> 	<p>A high energy, non-stop, dancing exercise program. Lose weight while having fun dancing the night away.</p>
<p>Friday Feb. 26, 2010 Keigwin Annex 5:30pm FREE</p>	<p>Family Movie</p> 	<p>Night at the Museum II will be shown.</p>