

# 5 Ways to Properly Dispose of Your Old Mattress

Even the best mattress isn't designed to last forever.

Eventually, the bed that you love will start to suffer from dips and bumps that make it practically impossible to sleep on. When that happens, it's time to look for a new mattress or suffer from a terrible night's sleep. Unfortunately, while finding a new mattress is easy enough, figuring out how to get rid of your old one safely isn't always as simple.

The last thing you want to do is be left with a huge mattress taking up space in your home because you don't know how to get rid of it. Fortunately, we've got five ways that you can properly dispose of your old mattress without getting into any trouble.

## 1. Sell It

If your old mattress has only had a tiny amount of wear, but you're getting rid of it because you're upgrading or because you no longer need a guest bed, then selling it could be the best option. You may need to pay to have the mattress professionally cleaned before anyone will look twice at it when you list it on eBay. Usually, mattresses can be cleaned by [companies that offer](#) floor and carpet cleaning services. Find the right one, and you might be able to recoup a little bit of money that you can put towards your new mattress this way.

## 2. Give it to A Friend

If your mattress has seen some better days, but it's still in reasonably good condition, you could consider offering it to a friend that has fallen on some hard times. If your friend needs a mattress desperately and yours is still in good condition, then let them know that it's there for them to take if they like. Most of the time, people will reject a second-hand mattress and work out their own bedding situation. However, you might find the occasional friend who is willing to take that old mattress off your hands.

## 3. Donate it to Charity

Speaking of people who have fallen on hard times, if your friends don't want to take your old mattress from you, there are places out there that will definitely have it instead. [Many charities](#) sell beds to make extra cash for their causes. Additionally, you could also look into organizations that create homeless shelters, as they're always on the hunt for extra beddings and mattresses that they can use. Just make sure that it's clean and in good condition. [Gifts of Love](#) is a company in Connecticut that may consider taking your mattress.

## 4. Get it Recycled

If your bed isn't in good enough condition to be passed on to anyone else, then the best thing you can do for the environment is to have it [recycled](#). However, you'll need to ensure that your local recycling center actually takes care of mattresses, rather than sending them off somewhere. You'll be able to call most recycling centers to find out what their policies are regarding mattresses. Connecticut has a program called "[Bye Bye Mattress](#)" which accepts mattresses to recycling centers at no extra charge.

## 5. Have it Taken for Disposal

Finally, if there are no other options available, then you can always pay for a professional to remove your mattress for you and have it disposed of responsibly. You might even find that the company you're buying your new mattress from is willing to do this in exchange for a small fee. Just be sure that whoever you pay to take your mattress away knows the [local rules and regulations](#) when it comes to getting rid of big furniture items like a mattress. Most removal companies will attempt to give your mattress away to a charity or recycle it before they take it to a landfill.

[See more](#) ways on how to dispose of your old mattress.

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