



Seamless Summer Option (SSO) June Lunch Menu 2019

sandwiches • salads • fruits • milk

Free Summer Meals!
Comidas de Verano Gratis!

Kids and teens 18 and under
Niños y adolescentes de 18 años y menos

EHC! **USDA** **CSDE**

FOR SITES NEAR YOU, CALL/LLAME **211**
TEXT **CTmeals** TO **877877**
www.CTSummerMeals.org

USDA IS AN EQUAL OPPORTUNITY PROVIDER

24	25	26	27	28
Chicken Tenders Baked Crinkle Cut Fries Whole Wheat Dinner Roll Fresh Apple or Cheese Pizza	Yogurt Parfait with Fruit and Graham Cracker Topping Cucumber Spears with Dip Assorted 100% Fruit Juice or Spicy Chicken Salad	Beef Nachos (Seasoned ground beef served over WG tortilla chips with shredded cheese and Lettuce) Mild Salsa Orange or Cheese Pizza	Turkey Hot Dog on a whole Wheat Bun Baked Beans Peach Cup or Chicken Caesar Salad	Turkey and Cheese Wrap Broccoli with Dip Assorted 100% Fruit Juice or Cheese Pizza

Fat free Chocolate milk and white milk, 1% milk, lactose free milk, assorted condiments, a variety of fresh vegetables and assorted fruits are available daily as part of any school lunch. Menus are subject to change. Please call 860/704-4519 for further information.

