

sandwiches • salads • fruits • milk

Free Summer Meals!
Comidas de Verano Gratis!

Kids and teens 18 and under
Niños y adolescentes de 18 años y menos

EHC! **USDA** **CSDE**

FOR SITES NEAR YOU, CALL/LLAME **211**
 TEXT **CTmeals** TO **877877**
www.CTSummerMeals.org

USDA IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast SSO MENU

For further information about the summer meal program please call 860-704-4519.

Breakfast Seamless Summer Option (SSO)

Monday

Cheerios Cereal, Bear grahams, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

Tuesday

WW Bagel with cream cheese, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

Wednesday

Red-sugar Cinnamon Toast Crunch Cereal, String Cheese, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

Thursday

Assorted WG Muffins, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

Friday

Alpha Bits Cereal, String Cheese, 100% Fruit Juice, Fresh Fruit and Fat Free or Unflavored Skim or 1% Milk

